

****Make sure wound is parallel to your body for easier tying****

1. Irrigate wound with clean water (use syringe with or w/o needle)
2. Start sutures in center of cut and work out in each direction

To Tie Knot:

“Long over Short” (thread)

1x - wrap long arm twice around tool, pull short arm through

3x - wrap long arm once, pull short arm through

